



Working Alone

Toolbox Talks are intended to facilitate health and safety discussions. Find more Toolbox Talks on the [Occupational Safety web page](#).



General Information

There are many farm tasks that require working alone, such as operating a tractor. It is critical to be safe when working alone because help may take several hours to arrive. Half of farm accidents happen while the victim is working alone.*

Safety Tips

- Make sure someone knows where you are and what you are doing.
- Discuss the potential hazards with your supervisor prior to work being started.
- Give an estimated time work will be completed to your supervisor or coworker.
- Communicate regularly with others in the area.
- Don't work if you are tired.
- Do not complete hazardous tasks alone.
- If no one is available, wait until a coworker can assist.
- Stop and ask questions if you are unsure or uncomfortable.
- Take responsibility for your own safety by being prepared if an emergency situation arises.
 - Keep a cell phone or radio with you.
 - Know the address or location in case emergency services are needed
 - Know where first aid and emergency equipment is located



Discussion Date:

Supervisor:

Participants:

* Source: [CASA](#)

Photo Source: [Marion Gunderson](#)

Photo Source: [Summit County Farm](#)